

Num	Dist	Type	Note
1.	0.0		Start of route
2.	0.3		Left to merge onto Persiaran Metafasa
3.	1.9		Slight left towards Persiaran Elmina
4.	2.5		At the roundabout, take the 3rd exit onto Persiaran Dillenia
5.	3.8		Left onto Persiaran Shorea
6.	9.2		Left onto Jalan Paip
7.	10.3		Left onto Jln Kuala Selangor
8.	25.6		Right onto Jalan Bukit Badong
9.	32.8		Right onto Jalan Rawang
10.	33.3		Left onto Jalan Raja Musa
11.	36.0		Right onto Jalan Timur Tambahan
12.	65.2		Checkpoint 1: 309 Bistro, Sungai Tenggi
13.	74.1		Left to stay on Jalan Sungai Tenggi
14.	75.2		Left to stay on Jalan Sungai Tenggi
15.	79.6		Right onto B44
16.	82.2		Right to stay on B44
17.	84.0		Right to stay on B44

84.0 kilometers. +726/-746 meters

Num	Dist	Type	Note
18.	92.2		Sharp left
19.	93.2		Right
20.	94.7		Left onto Route 1
21.	152.9		Left to CP 2
22.	152.9		Checkpoint 2: Petronas Tapah, Jalan Bidor
23.	153.2		Left onto Jalan Raja
24.	153.4		Right onto Jalan Tok Bayas
25.	153.4		Right onto Jalan Stesen
26.	153.6		Left onto Jalan Besar
27.	163.0		Right to stay on A19
28.	183.6		Left to stay on A119
29.	186.1		Right
30.	187.7		Left onto Jalan Ipoh - Kampar
31.	188.5		Right onto Jln Malim Nawar
32.	193.9		Right to stay on Jln Malim Nawar
33.	201.3		Right onto Jln Tanjung Tualang
34.	205.7		Left onto Jln Kampung Bali

121.8 kilometers. +811/-828 meters

Num	Dist	Type	Note
35.	216.1	➡	Sharp right onto Ipoh - Lumut Highway
36.	224.1	⬅	Left onto Jalan Siputeh - Batu Hampar
37.	236.7	➡	Right to stay on Jalan Siputeh - Batu Hampar
38.	241.0	➡	Right onto A154
39.	256.4	➡	Right onto A3
40.	280.4	⬅	At the roundabout, take the 1st exit onto Jalan Dato Sagor
41.	306.0	➡	Right onto Jalan Air Kuning
42.	311.8	➡	Right onto Jalan Permaisuri
43.	312.3	➡	Right onto Jalan 8
44.	312.7	⬅	Left onto Jalan Pokok Assam
45.	313.9	➡	Right onto Jalan Saw Ah Choy
46.	315.5	⬅	At the roundabout, take the 1st exit onto Jalan Samanea Saman
47.	316.2	➡	Right onto Jalan Maharajalela
48.	316.3	⬅	Left onto Jalan Pekeliling
49.	316.5	⬅	Left onto Jln Sultan Mansor
50.	317.7	⬅	Left at the 1st cross street onto Jln Masjid
51.	317.9	➡	Right towards CP 3

112.1 kilometers. +737/-740 meters

Num	Dist	Type	Note
52.	317.9	🔪	Checkpoint 3: Legend Inn, Taiping
53.	318.3	⬅	Left onto Jalan Kota
54.	325.0	⬅	Left onto Kampung Perak
55.	327.4	⬅	Left onto Jalan Kampung Perak
56.	334.3	➡	Right onto Jln Besar
57.	372.3	➡	Right onto Jln Beruas-Ayer Tawar
58.	390.1	⬅	Left
59.	391.4	⬅	Merge onto Ipoh - Lumut Highway
60.	400.7	➡	Right onto Jalan Teluk Intan
61.	425.8	🔪	Checkpoint 4: Petronas Kg Gajah
62.	441.2	➡	Right to stay on Jalan Teluk Intan
63.	455.1	➡	Right onto Jalan Padang Tembak
64.	456.8	⬅	Left onto Jalan Maharajalela
65.	471.9	⬅	Left onto Jln Klang - Teluk Intan
66.	484.1	➡	Right at the 1st cross street to stay on Jln Klang - Teluk Intan
67.	492.2	🔪	Checkpoint 5: Shell, Sabak Bernam 2

174.3 kilometers. +839/-857 meters

Num	Dist	Type	Note
68.	495.1	←	Left onto Parit 6 Barat
69.	500.1	→	Right onto Jalan Parit 1 Bagan Terap
70.	501.5	←	Left onto Jalan Parit 4 Timur
71.	540.1	→	Continue onto Jalan Setanjung
72.	544.6	←	Left onto Jalan Parit Serong
73.	550.3	←	Left onto Jalan Raja Musa
74.	567.4	→	Right to stay on Jalan Raja Musa
75.	570.0	→	Right towards Jalan Rawang
76.	570.6	←	Left onto Jalan Bukit Badong
77.	577.8	←	Left onto Jln Kuala Selangor
78.	593.1	→	Right onto Jalan Paip
79.	594.2	→	Right onto Persiaran Shorea
80.	599.5	→	Right onto Persiaran Dillenia
81.	600.7	←	Slight left towards Persiaran Elmina
82.	601.3	→	At the roundabout, take the 3rd exit onto Persiaran Metafasa
83.	603.0	→	At the roundabout, take the 3rd exit onto Persiaran Neutron
84.	603.2	←	Left onto Jln Elektronik U16/L

111.0 kilometers. +539/-503 meters

Num	Dist	Type	Note
85.	603.3	→	Right at the 2nd cross street onto Jln Elektronik U16/E
86.	603.4	📍	End of route

0.2 kilometers. +1/-0 meters